

HOW YOU CAN HELP

- Donate
- Volunteer
- Spread the word

MAJOR PROJECT SUPPORTERS

- ★ Coffee Enterprises
- ★ Green Mountain Coffee Roasters
- ★ Swiss Water Decaffeinated Coffee Company
- Allegro Coffee Company
- America's Food Technologies Atlantic (USA), Inc.
- Autocrat, Inc.
- Ben & Jerry's Homemade
- Boyd Coffee Company
- Coffee Holding Company
- Counter Culture Coffee
- Flavor and Fragrance
- Gillies Coffee Company
- InterAmerican Commodities
- JMA Food Ingredients
- Mother Parker's Tea and Coffee
- N.J. Douek & Sons
- Paragon Coffee
- Peet's Coffee & Tea
- Royal Cup Coffee Company
- Volcafe Specialty Coffee
- Wild Oats Natural Marketplace



We thank all of our contributors for their support of Grounds for Health. We regret that space does not allow us to list everyone.

MAJOR PROJECT COLLABORATORS

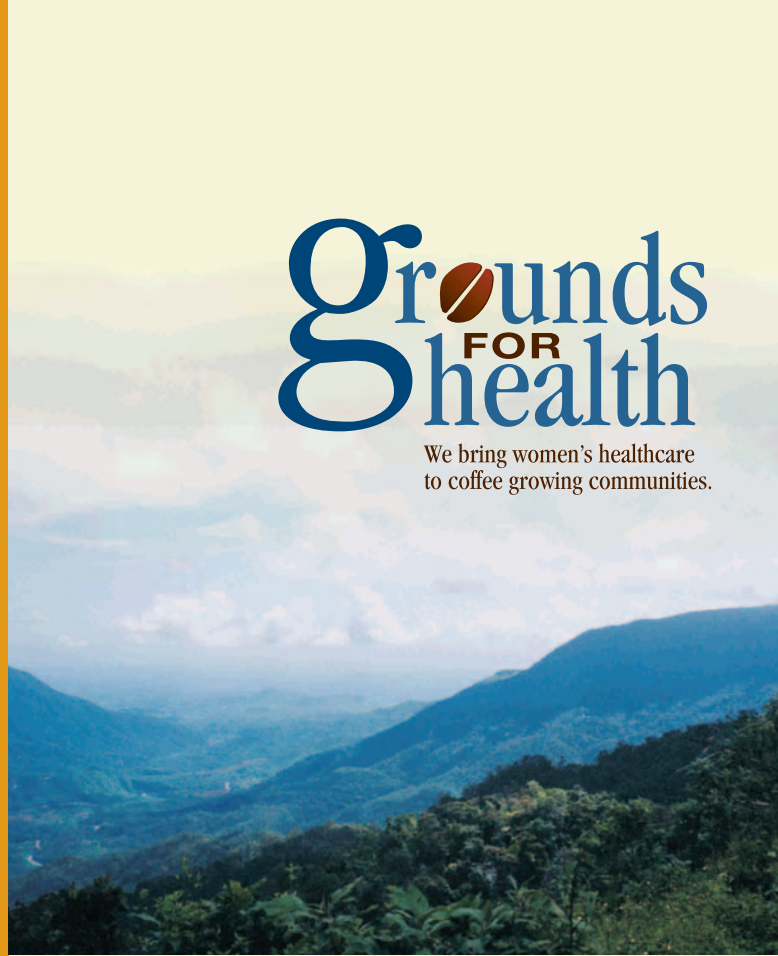
- Hospital Central, San Pedro Pochutla, Oaxaca
- Centro de Salud Urbano de Huatusco, Veracruz
- Productores de Café la Trinidad, Oaxaca
- La Union de Productores de Café de Huatusco, Veracruz
- Fletcher Allen Health Care, Burlington VT
- Mayo Clinic, Scottsdale AZ
- Laboratorios Clinicos de Puebla, Puebla
- TriCore Reference Laboratories, Albuquerque, New Mexico

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Grounds FOR health

We bring women's healthcare to coffee growing communities.



Cultivando la Salud

Cultivando la Salud

WHO WE ARE

Grounds for Health is a non-profit organization founded to provide women's healthcare services to coffee-growing communities in Mexico and Central America. Our mission is to create sustainable and effective cancer screening programs with a focus on the early detection of cervical cancer, the #1 cause of cancer deaths in women in low-resource settings.

To realize this goal, we collaborate with regional coffee unions, community members, and local health care professionals to increase awareness about cervical and breast cancer and to improve existing cancer screening programs. We provide technical assistance, obtain equipment and medical supplies, and support further training of our international partners.

Over time, we hope to achieve a long-term reduction in cancer mortality among women in our project sites.

"This project has had a huge impact on the lives of women who are never at the top of any priority list."

— Erika Mohr, RN, project participant

Though cervical cancer is both preventable and treatable, many healthcare systems in low-resource countries lack the basic infrastructure to address this important cause of ill-health. Grounds for Health sends American volunteers to its project sites where they work side by side with their Mexican colleagues. Doctors and nurses perform Pap smears and cytologists read the slides for early signs of cancer.

Project staff also offer breast exams, and when abnormalities are found, fine needle breast biopsies. To date, thousands of women have received our services.



*IARC 1986

CERVICAL CANCER — You Can Make a Difference

- If every woman had access to just **one Pap smear every ten years** from the ages of 35–64, we could **decrease the rate of invasive cancer by 64%***.



"For those of you who have not seen the multitude of women gathered at the clinic awaiting examination, it must be difficult to visualize the scope and impact of this project, it truly touches the heart."

— Grounds for Health volunteer



Grounds
FOR
health



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